Diabetes, if not properly managed, can lead to many serious health complications.

Remote screening is quick and easy and can be performed in your community with the help of:

- A nurse
- A technician
- Imaging equipment

**THE PROCESS**

1. The nurse schedules an appointment with the diabetic patient.
2. She or he has the patient sign the consent form and collects clinical data.
3. She or he performs the visual acuity test.
4. She or he measures the patient’s intraocular pressure with the Tono-Pen.
5. Barring any contraindications, the nurse dilates the patient’s pupils.
6. The technician then takes digital photographs of the patient’s retinas (retinal images).
7. The technician enters the patient’s clinical data and images into a software and transmits them to a reading centre.
8. The images are analysed by an ophthalmologist, who then prepares a report.
9. The report is sent electronically to the health centre and mailed to the family doctor.
10. The patient receives a letter informing him or her of the screening results.
11. If the patient needs a consultation in ophthalmology, the nurse at the health centre schedules an appointment and sends the examination report to the ophthalmologist.
12. If the patient requires closer monitoring, new images may be taken within a period of 3 or 6 months. The patient is monitored within the community.

Patients with normal screening results receive yearly follow-up.

The steps in the dotted frame are only performed when the patient’s eyes are or will be dilated.