

DRAFT DATA SHEET FOR FNQLHSSC PROJECTS UNDER HFT FOR 2009-2010

PERIOD INVOLVED: This project will run from January 1<sup>st</sup>, 2009 to March 31, 2009

TITLE OF PROJECT: Development of a Mental Health Service Framework in First Nations Communities of Quebec

AREA: integration

NAME OF BENEFICIARY	CONTACT-PERSON	GOAL AND OBJECTIVES OF THE PROJECT	MAIN STAGES AND FORECAST OF ACTIVITIES	BUDGET ALLOCATED TO THE PROJECT
FNQLHSSC	Richard Gray Social Services Coordinator Coordinator and consultant (to be named) FNQLHSSC research team	<p>The <u>main objective</u> of the project is to propose, validate and test a mental health services organization model for the 27 First Nations communities of Quebec. The purpose of the model will be to increase accessibility and the continuity of first, second and third line services available for community members.</p> <p>The <u>specific objectives</u> of the project, which are outlined in the First Nations and Inuit Mental Wellness Strategic Plan (First Nations and Inuit Mental Wellness Advisory Committee, 2008), are :</p>	<p>Project planning</p> <p>Inventory of services provided for communities</p> <p>Development of service framework</p> <p>Validation of model</p> <p>Cost evaluation and recommendations</p>	<p>Year 1: \$89,650 Year 2: \$248,820</p> <p>Total: \$338,470</p>

		<ul style="list-style-type: none"><li>• Support the establishment of a range of harmonized mental wellness services – that take into consideration the traditional, cultural and current approaches;</li><li>• Clarify and strengthen the collaboration connections between the federal and provincial governments and First Nations community organizations;</li><li>• Document and share best mental health practices developed by some communities;</li><li>• Recognize the importance of community members as change agents;</li><li>• Use latest technologies, such as tele-health in order to ensure cooperation with remote communities;</li><li>• Increase the skills and knowledge of mental health counsellors working in First Nations communities in order to promote better procedures for the recruitment and retention of case workers.</li></ul>		
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